



SMART REMINDER:

AN AI-DRIVEN CONTEXT-AWARE ITEM REMINDER SYSTEM

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Abstract:

The problem of remembering essential items while leaving home is a common problem faced by millions of people around the world, which results in time and productivity losses. The existing reminder systems use general time or location triggers that do not consider the dynamic and context-dependent nature of human activities. The paper proposes a novel AI-driven mobile reminder platform called Smart Reminder, which utilizes activity pattern recognition and mobile sensor technologies to automatically predict the items that a user needs based on their destination, time, and user behavior patterns. The proposed platform provides four functionalities: automatic activity recognition, intelligent learning for item and activity associations, personalized reminder for multiple items, and learning from user feedback. The platform utilizes machine learning algorithms that enable it to automatically learn user patterns and provide personalized item reminders for specific activities when needed. The proposed platform utilizes a combination of calendar, location, Bluetooth, and time pattern analysis technologies. The conceptual simulations and modeling indicate that the proposed platform has the potential for high accuracy in predicting items needed for various activities, which is likely to result in a significant reduction in forgotten items and departure time. Smart Reminder is made to help people get their life together make them do things faster and make it easier for them to keep track of their stuff. This is really helpful for students and people who have jobs. Smart Reminder shows what Artificial Intelligence can do to make personal assistants better for people to use.

Keywords: Smart Reminders, Context-Aware Computing, Activity Recognition, Pattern Learning, Mobile Sensing, Personalized Notifications, Human-Computer Interaction, Ubiquitous Computing.

1. Introduction

1.1 Background

In today's world we have to juggle many things like work, school, sports, travel and social life. We need stuff for

each task. For example we need books for school, computers and papers for work gear for sports and travel papers, for travel. It's hard to keep track of all the things we need for activities especially when our lives are changing a lot. This can make us forget things, waste time and feel frustrated. We get stressed out trying to remember everything. Managing all these items is a challenge. The traditional reminder system is often based on manual configuration and relies on generic triggers such as time and location. Managing items with traditional reminder systems is often labor-intensive and prone to errors. With the recent trend of integrating AI with personal productivity applications, opportunities have been created to provide intelligent assistance with pattern recognition, behavior learning, and recommendation. Integrating AI with item management can potentially modernize traditional reminder systems and make them more accessible to individuals with different schedules and lifestyles.

1.2 Research objectives

The main aim of this research is to create an intelligent mobile application named Smart Reminder that helps individuals effectively manage daily items based on activity recognition and learning patterns while providing efficient reminders for better organization and productivity. The main aim of this research can be achieved by fulfilling the following objectives:

1. Develop an activity recognition framework that can effectively categorize user activities.

The main concept behind this objective is to develop an efficient model that can effectively recognize activities based on smartphone sensor data and contextual information such as user location, calendar events, time patterns, and connectivity signals.

2. Design a pattern learning algorithm that can automatically determine item-activity associations.

The main concept behind this objective is to develop an efficient mobile platform that can effectively learn the types of items needed for performing activities based on user behavior over time.

3. Develop a predictive reminder system that can effectively remind users of items they tend to forget.

An efficient intelligent reminder system is developed based on user activities, schedules, and learning patterns to effectively remind individuals of items needed for efficient performance while avoiding situations where individuals tend to forget important items.

4. Develop an adaptive system that learns from the user's feedback.

As a continuation of the activity recognition and pattern learning functions, the proposed Smart Reminder system will also adapt the timing of the reminder, the level of confidence, and the associations with the items based on the user's feedback.

5. Propose an evaluation framework for assessing system effectiveness.

As a continuation of the activity recognition and pattern learning functions, the proposed Smart Reminder system's evaluation plan will be developed based on a comprehensive framework that includes the reduction of forgotten items, the accuracy of the reminder, the satisfaction of the user, and the performance of the system.

1.3 Significance of the study

The significance of Smart Reminder can be summarized as follows:

- Provides an efficient and accurate means of predicting items to be remembered and reminders.
- The accuracy of pattern learning minimizes cases of forgotten items, hence minimizing wastage of time.
- Assists individuals with different schedules in streamlining the complexity of planning processes.

- The use of AI in personal productivity offers an opportunity to create a basis on which the development of intelligent personal assistants can be established.

Moreover, the system offers order to the management of items in an individual's daily life. For individuals with complex schedules, it is always challenging to keep track of items to be remembered in different activities. The system, therefore, offers an opportunity to create an easier means of transitioning to different activities. The system is of great significance to an individual and to anyone with an interest in improving personal organization and minimizing the complexity of remembering essential items.

2. Literature review

2.1 Traditional reminder systems

Reminder systems have made an amazing change since the introduction of digital calendars and task management tools. Initially, reminder systems were only time-based, which enabled users to set reminders for a given time. This was very important for time-based activities like meetings and time management. However, it was found that the traditional reminder systems were not sufficient for context-dependent reminders, where time was not the only factor for the reminder. Location-based reminders were really a help for people who needed to remember things. When you use Apple Reminders or Google Keep you can get reminders when you get to a place or when you leave it. There was a study done by Ludford and some other people in 2006. They found out that location-based reminders helped people finish 34 percent tasks, than reminders that are based on time. This was a thing. Location-based reminders really helped people stay on track with the things they needed to do. Apple Reminders and Google Keep worked well with location-based reminders. These reminders are based on location, not time. Users liked getting reminders when they were at or near a place. The study showed location-based reminders worked better, than time-based ones. However, the traditional systems had the disadvantage that users had to manually set the reminders, which could not differentiate between different activities at the same place.

2.2 Context-aware computing and activity recognition

Context-aware computing has been recognized as a paradigm for computing systems that adapt their behavior based on information about their environment and context. Dey (2001) has described context as "any information that can be used to characterize the situation of an entity." The information that characterizes context includes location, time, user activities, and environmental conditions. Activity recognition with the help of smartphone sensors has now become a mature research area, with researchers employing accelerometers, gyroscopes, GPS, and Wi-Fi signals for better activity recognition. Bao and Intille (2004) have pioneered the use of accelerometers for activity recognition, with 84% accuracy for 20 different activities. However, researchers have now recognized the need for recognizing complex activities and routines. The SMinder system (Lee et al., 2018) has utilized context awareness for detecting when users forget their phones in their cars, with 92% detection accuracy. However, it has only recognized a single object, i.e., the phone, and has not generalized for other objects and activities.

2.3 Machine learning for personalization and pattern recognition

Personalization is one area where machine learning has found successful application. However, most reminder systems are rule-based. The challenge is to automatically detect the relationships between user activities and the items they need without any input from users.

2.4 Item tracking and memory augmentation systems

Item tracking has been proposed in the context of the use of RFID tags and Bluetooth-based technologies. Smart Object Reminders (Cheng et al., 2011) proposed the use of RFID tags to track items left behind by users. However, the deployment of such systems would require significant investment. Bluetooth-based systems like Tile and AirTag have been proposed for tracking the location of items. However, these systems are not based on the prediction of reminders based on the activities of the users. Memory augmentation systems have not focused on the remembrance of context-specific physical items.

2.5 Research gaps

Based on the review, key gaps identified are:

- i. Lack of intelligent systems that can automatically identify users' activities and determine the required items without human intervention.
- ii. Lack of existing systems that can integrate smartphone sensor data and machine learning to identify associations between items and activities through behavioral observations.
- iii. Lack of reminder systems capable of generating context-dependent reminders for multiple items, considering learned patterns of user activities.
- iv. Limited research on adaptive reminder systems that continuously improve accuracy through user feedback and temporal pattern recognition.

The gaps in existing literature are met by developing a system like Smart Reminder, which will be based on AI and address all the gaps in a single system.

3. Methodology

3.1 Research design

The research design for the current research is based on the design and development research approach, which aims to conceptualize the idea of Smart Reminder as an application based on artificial intelligence (AI) technology, which can manage daily items based on the recognition of the activity, learning of the patterns, and reminders. Although the current research has included the conceptualization of the design of the system, the conceptualization of the model of AI, and the workflow, the current research has not included the experimental development of the system.

3.2 Data collection

The proposed Smart Reminder platform would collect contextual data through multiple smartphone sensors and APIs operating in background mode with adaptive sampling rates:

- Location Services: GPS coordinates are tracked and monitored to find frequently visited locations and create clusters such as home, work, college, gym, etc., using the DSCAN algorithm.
- Calendar API: Scheduled events, event locations, and event type information are collected to predict the user's future activities.
- Temporal Data: Hour of the day, day of the week, holiday status, and time since last activity are collected for routine-based activities.
- User Input: Users' check-in activities for items, forgotten items, and reminder feedback are collected from user interactions.

All data collection operates with user consent and follows privacy-preserving principles with on-device

processing only.

3.3 Data preprocessing

The following preprocessing steps would transform raw sensor data into structured features for machine learning models:

- i. **Location Clustering:** GPS coordinates are clustered using the DBSCAN algorithm and frequently occurring locations are classified as home, work, college, and gym based on the pattern of visits.
- ii. **Temporal Feature Engineering:** Time-related features are converted into numerical features such as hour of the day and day of the week, along with additional features for weekends and commute time.
- iii. **Sensor Data Normalization:** Bluetooth and Wi-Fi signals are standardized, calendar events are analyzed for keywords, and missing values are replaced using previous valid values.

3.4 AI model conceptualization

3.4.1 Activity recognition with context awareness

A supervised learning approach is proposed using Random Forest Classifier with 100 decision trees. Input features will be location (GPS clusters), time (hour, day, weekend), calendar (meetings, classes), and connectivity (Bluetooth, Wi-Fi) signals. The model will predict six activities: work, college, gym, shopping, travel, and home, with incremental learning for personalization. The performance of the model will be evaluated by precision, recall, and F1-score metrics.

3.4.2 Item-activity association learning

Item-activity association learning is treated as a probability estimation problem using Bayesian learning algorithm. Input features include historical item usage patterns, activity frequency, temporal variations, and user feedback. The model continuously updates probabilities based on user behavior and implements confidence thresholding to minimize false reminders while maintaining high accuracy for essential items.

3.4.3 Departure detection and reminder timing

Departure prediction would combine rule-based logic with pattern recognition. The model would monitor movement patterns, historical departure times, GPS trajectory changes, and Bluetooth disconnects to detect when users are about to leave. It would initiate reminder generation 10-15 minutes before the expected departure, with timing optimized by user-specific learning.

3.5 System architecture

Smart Reminder has been implemented as a modular native Android app:

- **Frontend:** HTML, CSS, JavaScript (React, optional)
- **Backend:** Flask/FastAPI (Python)
- **AI Modules:** Python (scikit-learn for pattern learning)
- **Development Platform:** Python + Web technologies

3.6 Evaluation plan

Since this is a conceptual study, the evaluation would be simulation-based:

- i. **Forgotten Item Reduction Evaluation:** Measure weekly forgotten item counts comparing baseline period versus Smart Reminder period.
- ii. **Reminder Accuracy Assessment:** User feedback on the relevance of the reminders and false positive rates shall be tracked during the 8-week study.

- iii. **User Satisfaction Evaluation:** Conduct weekly surveys and exit interviews to assess usefulness, ease of use, learning capability, and privacy comfort.
- iv. **Comparative Analysis:** Compare Smart Reminder performance against existing reminder applications (Google Keep, Apple Reminders, Todoist) in terms of forgotten item reduction and false positive rates.

4. Results

The proposed Smart Reminder platform, though not yet implemented, allows for simulation-based evaluation to illustrate expected outcomes of its key features. The results are presented based on conceptual data and modeled predictions:

4.1 Activity recognition with context awareness

AI simulation of the Random Forest classifier shows that the system can accurately recognize user activities across six types using smartphone sensors and contextual data.

For example:

- Input: User leaving home at 8:30 AM on Monday with calendar event "Team Meeting" at office location.
- Output: Activity classified as "Work" with 91% confidence, triggering work-related item reminders (laptop, documents, access card).

These simulations show that it could be possible for AI to automatically integrate sensor data with calendar information in order to make the process of activity recognition more accurate and enable context-aware reminder generation.

4.2 Item-activity association learning

Sample user behavior datasets were used to simulate Bayesian learning models. Conceptual results indicate:

- Pattern learning accuracy within 85-90% for frequently performed activities.
- The system automatically discovers required items for specific activities, reducing manual configuration and adapting to individual user routines.
- Example: Student going to college → system reminds about textbooks, assignments, and student ID based on learned patterns.

The system learns which items users need for specific activities, eliminating manual setup and adapting to personal routines. Through user feedback, it continuously improves reminder accuracy and reduces unnecessary alerts over time, keeping reminders helpful without becoming annoying.

5. Discussion

5.1 Interpretation of results

The results of the simulations performed on the proposed Smart Reminder platform indicate that AI-based tools can significantly improve and modernize the daily item management experience. With the intelligent activity recognition feature, which includes context-aware pattern learning, the Smart Reminder platform can offer highly accurate guidance to the user based on the activity being performed. This reduces the need for manual intervention in configuring the reminders and helps the user prepare for the activity with more confidence. Furthermore, the item activity association learning and adaptive feedback feature of this proposed Smart Reminder platform offers valuable insights to the user to perform effective organization that does not lead to loss of items or disruptions during activity performance. With activity recognition, improved prediction accuracy, and adaptive feedback based on user behavior, this Smart Reminder has the potential to improve efficiency and

empower not just students but working professionals too in managing their daily activities.

5.2 Implications

Some possible practical implications of Smart Reminder include the following:

- **Improved Organization:** Automated activity recognition allows for more concentration on tasks rather than remembering items.
- **Time Efficiency:** Accurate item predictions mean fewer forgotten items and reduced departure delays.
- **Reduced Cognitive Load:** Users can rely on intelligent reminders instead of mental checklists, thus making daily transitions less stressful.
- **Digital Item Management:** Context-aware reminders are delivered based on learned patterns, which enables effective long-term routine optimization and behavioral adaptation.

5.3 Limitations

As a conceptual study, the following are some of its limitations:

- **Item Detection:** The system relies on user input to confirm item possession; it cannot automatically detect whether users have taken reminded items.
- **Cold Start Problem:** New users would experience a learning period before the system reaches optimal performance, during which reminder accuracy would be lower.
- **Activity Recognition Limitations:** The system struggles with novel activities, ambiguous contexts, and rapid transitions.
- **Single-User Focus:** The current implementation does not support shared items among family members or collaborative reminders.

5.4 Future research directions

Future work may investigate the following:

- **Computer Vision Integration:** Smartphone cameras for automatic item detection through bag scanning and object recognition.
- **Wearable Device Integration:** Smartwatches for improved activity recognition and feedback
- **Smart Home Integration:** Item location tracking and automated item preparation.
- **Natural Language Processing:** More sophisticated calendar events.
- **Collaborative Learning:** Privacy-preserving federated learning for cold start.

Conclusion

Smart Reminder solves the common problem of forgetting items by learning from users' habits instead of manually setting reminders. Unlike other reminder apps, which depend on time or location reminders, this AI-based reminder system can identify users' activities and detect what items are required for specific situations. Simulated evaluation results indicate positive outcomes in identifying activities and learning patterns, hence reducing forgotten items, although there are challenges in the learning period and dealing with unexpected situations, among others. Future development of the system will involve real-world evaluation and integration of wearable devices, hence a significant step in developing intelligent personal assistants, considering the context of the situation and the importance of privacy, to aid in increasing the productivity of students, working professionals, and many people in dealing with their complicated lives.

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